

Fall 2023 Swim Programs CRC

How to Register for a Program?

Online at whitby.ca/active

This easy-to-use system has streamlined search features, allows you to create an account, log in with an email address and register/pay for programs. Visit ACTIVENet Whitby to log into your online recreation account. If you have not yet activated your account but have registered for a recreation program within the last two years and have an email address on file with us, you can activate your account online by selecting 'Forgot My Password'. New Users can create an account by selecting 'Create an Account'.

Online Payment methods include: Visa, AMEX, Mastercard (At this time we cannot process Visa Debit cards online)

For assistance with account creation or online support please call 905.655.2010 or 905.668.7765

Register In Person

Visit one of the following registration locations to complete your program registration and payment in person. Payment methods include: Cash, debit, cheque, credit

Brooklin Community Centre and Library, 8 Vipond Rd, 905.655.2010

Iroquois Park Sports Centre, 500 Victoria St W, 905.668.7765

Whitby Civic Recreation Complex, 555 Rossland Rd E, 905.666.1991

Whitby 55+ Recreation Centre, 801 Brock St S, 905.668.1424

Refunds, Transfers and Registration Policies

Refund Policy/Early Course Withdraw Policy

A full refund will be issued for any program cancelled by the Town. If a participant withdraws from a program prior to the start date, a refund will be provided subject to an administration fee. After a program has started, participants can request.

that a pro-rated credit be applied to their account. Alternatively, a pro-rated refund can be issued and is subject to an administration fee. To withdraw from a course, please call our Customer Service Centre at 905.666.1991 or visit a registration centre.

Camps/Workshops: Transfers and withdrawals from camps, workshops and P.A. Day

programs can be requested up to four days prior to the start date of a program. A full credit, subject to an administration fee, will be provided. A \$10 fee is applied to all course withdrawals.

Missed Classes

In the event that a customer is unable to attend a class, makeup class(es) will not be offered.

Refunds, Withdrawals and Transfers

Withdrawals, refunds and transfers cannot be processed in your online account. For assistance please call or visit one of our registration locations.

Subsidized Program Guide

All programs qualify for subsidy with the Access Program, Region of Durham Recreation Program Cards and Canadian Tire Jumpstart grants unless they have the following:

(#) Does not qualify for the Access Program

(@) Does not qualify for Region of Durham Recreation Program cards

(%) Does not qualify for Canadian Tire Jumpstart grants

Please note that Canadian Tire Jumpstart grants are only for participants 4-18 years of age. If you have questions regarding subsidy please visit whitby.ca/subsidy.

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Adult

Adult Swimmer 1/2/3- CRC

The Adult Swimmer program is for beginners who may be just starting out or swimmers who just want help with their strokes. Participants set their own goals to develop with confidence and smooth recognizable strokes. Swimmers will be evaluated on week one to determine swimmer ability and accurate level placement.

51199	14yrs+	Whitby Civic Rec Complex	6 classes
Sat	Nov 4-Dec 9	12:00pm-12:45pm	\$69.32
51196	14yrs+	Whitby Civic Rec Complex	6 classes
Sun	Nov 5-Dec 10	4:30pm-5:15pm	\$69.32
51197	14yrs+	Whitby Civic Rec Complex	6 classes
Sun	Nov 5-Dec 10	5:15pm-6:00pm	\$69.32
51198	14yrs+	Whitby Civic Rec Complex	6 classes
Sun	Nov 5-Dec 10	6:00pm-6:45pm	\$69.32

Aquafit

Do you want an exercise that is easy on joints and is a great muscle toning workout? Then join this aquafit class! First time exercisers to elite athletes can work at their own level and enjoy all the benefits of a great water workout! No swimming experience is required. Participants 55+yrs receive discount pricing

51010	13yrs+	Whitby Civic Rec Complex	8 classes
Mon	Oct 16-Dec 4	9:00am-9:45am	\$69.60
51011	13yrs+	Whitby Civic Rec Complex	8 classes
Mon	Oct 16-Dec 4	9:45am-10:30am	\$69.60
51012	13yrs+	Whitby Civic Rec Complex	8 classes
Tue	Oct 17-Dec 5	8:45am-9:30am	\$69.60
51016	13yrs+	Whitby Civic Rec Complex	8 classes
Tue	Oct 17-Dec 5	7:15pm-8:00pm	\$69.60
51014	13yrs+	Whitby Civic Rec Complex	8 classes
Thu	Oct 19-Dec 7	9:00am-9:45am	\$69.60
51017	13yrs+	Whitby Civic Rec Complex	8 classes

Thu	Oct 19-Dec 7	7:15pm-8:00pm	\$69.60
51200	13yrs+	Whitby Civic Rec Complex	8 classes
Thu	Oct 19-Dec 7	9:45am-10:30am	\$69.60
51015	13yrs+	Whitby Civic Rec Complex	8 classes
Fri	Oct 20-Dec 8	8:45am-9:30am	\$69.60
51018	13yrs+	Whitby Civic Rec Complex	8 classes
Sat	Oct 21-Dec 9	1:15pm-2:00pm	\$69.60

Youth

Swimming Lessons for Teens- CRC

Do you want to learn to swim, improve your existing skills, or get ready for leadership with your own age group? If so, this is the course for you! This is a program created specifically for teens customized to meet your individual goals.

51202	14-18yrs	Whitby Civic Rec Complex	6 classes
Sat	Nov 4-Dec 9	12:00pm-1:00pm	\$69.32

Preschool

Parent and Tot 1 - CRC (%)

4-12months

Designed for the 4 to 12-month old to learn to enjoy the water with the parent.

6 classes	Whitby Civic Rec Complex		\$64.18
50717	Mon	Oct 30-Dec 4	4:30pm-5:00pm
50739	Mon	Oct 30-Dec 4	6:00pm-6:30pm
50770	Tue	Oct 31-Dec 5	9:30am-10:00am
50844	Wed	Nov 1-Dec 6	10:30am-11:00am
50845	Wed	Nov 1-Dec 6	1:30pm-2:00pm
50846	Wed	Nov 1-Dec 6	4:30pm-5:00pm
50847	Wed	Nov 1-Dec 6	6:00pm-6:30pm
50906	Thu	Nov 2-Dec 7	4:30pm-5:00pm
50907	Thu	Nov 2-Dec 7	6:00pm-6:30pm

50946	Fri	Nov 3-Dec 8	10:00am-10:30am
50947	Fri	Nov 3-Dec 8	11:00am-11:30am
50948	Fri	Nov 3-Dec 8	2:00pm-2:30pm
50966	Fri	Nov 3-Dec 8	5:00pm-5:30pm
50967	Fri	Nov 3-Dec 8	6:00pm-6:30pm
51023	Sat	Nov 4-Dec 9	9:00am-9:30am
51024	Sat	Nov 4-Dec 9	10:30am-11:00am
51025	Sun	Nov 5-Dec 10	9:30am-10:00am
51026	Sun	Nov 5-Dec 10	10:30am-11:00am
50797	Tue	Nov 7-Dec 12	5:30pm-6:00pm
50798	Tue	Nov 7-Dec 12	6:00pm-6:30pm

Parent and Tot 2 - CRC (%)

12-24months

Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.

6 classes	Whitby Civic Rec Complex		\$64.18
50718	Mon	Oct 30-Dec 4	5:00pm-5:30pm
50740	Mon	Oct 30-Dec 4	6:30pm-7:00pm
50772	Tue	Oct 31-Dec 5	10:00am-10:30am
50848	Wed	Nov 1-Dec 6	10:00am-10:30am
50850	Wed	Nov 1-Dec 6	1:30pm-2:00pm
50851	Wed	Nov 1-Dec 6	5:00pm-5:30pm
50852	Wed	Nov 1-Dec 6	6:30pm-7:00pm
50908	Thu	Nov 2-Dec 7	5:00pm-5:30pm
50909	Thu	Nov 2-Dec 7	6:30pm-7:00pm
50953	Fri	Nov 3-Dec 8	9:30am-10:00am
50954	Fri	Nov 3-Dec 8	11:00am-11:30am
50968	Fri	Nov 3-Dec 8	5:30pm-6:00pm
51027	Sat	Nov 4-Dec 9	9:30am-10:00am
51028	Sat	Nov 4-Dec 9	11:00am-11:30am
51029	Sun	Nov 5-Dec 10	10:00am-10:30am
51030	Sun	Nov 5-Dec 10	11:00am-11:30am
50799	Tue	Nov 7-Dec 12	4:30pm-5:00pm
50800	Tue	Nov 7-Dec 12	6:30pm-7:00pm

Parent and Tot 3- CRC (%)

2-3yrs

Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

6 classes	Whitby Civic Rec Complex		\$64.18
50719	Mon	Oct 30-Dec 4	5:30pm-6:00pm
50776	Tue	Oct 31-Dec 5	10:30am-11:00am
50853	Wed	Nov 1-Dec 6	9:30am-10:00am

50854	Wed	Nov 1-Dec 6	2:00pm-2:30pm
50855	Wed	Nov 1-Dec 6	5:30pm-6:00pm
50910	Thu	Nov 2-Dec 7	5:30pm-6:00pm
50955	Fri	Nov 3-Dec 8	10:30am-11:00am
50969	Fri	Nov 3-Dec 8	4:30pm-5:00pm
50970	Fri	Nov 3-Dec 8	6:30pm-7:00pm
51031	Sat	Nov 4-Dec 9	10:00am-10:30am
51032	Sat	Nov 4-Dec 9	11:30am-12:00pm
51033	Sun	Nov 5-Dec 10	9:00am-9:30am
51034	Sun	Nov 5-Dec 10	11:30am-12:00pm
50801	Tue	Nov 7-Dec 12	5:00pm-5:30pm

Preschool 1 – CRC

3-5yrs

These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their faces wet and blow bubbles underwater.

6 classes	Whitby Civic Rec Complex	\$64.18	
50720	Mon	Oct 30-Dec 4	4:30pm-5:00pm
50741	Mon	Oct 30-Dec 4	5:00pm-5:30pm
50742	Mon	Oct 30-Dec 4	7:00pm-7:30pm
50743	Mon	Oct 30-Dec 4	5:30pm-6:00pm
50744	Mon	Oct 30-Dec 4	6:00pm-6:30pm
50746	Mon	Oct 30-Dec 4	6:30pm-7:00pm
50777	Tue	Oct 31-Dec 5	9:30am-10:00am
50778	Tue	Oct 31-Dec 5	10:00am-10:30am
50779	Tue	Oct 31-Dec 5	10:30am-11:00am
50856	Wed	Nov 1-Dec 6	9:30am-10:00am
50857	Wed	Nov 1-Dec 6	10:00am-10:30am
50858	Wed	Nov 1-Dec 6	10:30am-11:00am

50859	Wed	Nov 1-Dec 6	11:00am-11:30am
50860	Wed	Nov 1-Dec 6	1:30pm-2:00pm
50861	Wed	Nov 1-Dec 6	2:30pm-3:00pm
50862	Wed	Nov 1-Dec 6	4:30pm-5:00pm
50863	Wed	Nov 1-Dec 6	5:00pm-5:30pm
50864	Wed	Nov 1-Dec 6	5:00pm-5:30pm
50865	Wed	Nov 1-Dec 6	5:30pm-6:00pm
50866	Wed	Nov 1-Dec 6	6:00pm-6:30pm
50867	Wed	Nov 1-Dec 6	6:00pm-6:30pm
50868	Wed	Nov 1-Dec 6	6:30pm-7:00pm
51187	Wed	Nov 1-Dec 6	7:00pm-7:30pm
50911	Thu	Nov 2-Dec 7	4:30pm-5:00pm
50912	Thu	Nov 2-Dec 7	5:00pm-5:30pm
50913	Thu	Nov 2-Dec 7	5:00pm-5:30pm
50914	Thu	Nov 2-Dec 7	5:30pm-6:00pm
50915	Thu	Nov 2-Dec 7	6:00pm-6:30pm
50916	Thu	Nov 2-Dec 7	6:00pm-6:30pm
50917	Thu	Nov 2-Dec 7	6:30pm-7:00pm
50956	Fri	Nov 3-Dec 8	9:30am-10:00am
50957	Fri	Nov 3-Dec 8	10:00am-10:30am
50958	Fri	Nov 3-Dec 8	1:30pm-2:00pm
50959	Fri	Nov 3-Dec 8	4:30pm-5:00pm
50960	Fri	Nov 3-Dec 8	5:00pm-5:30pm
50961	Fri	Nov 3-Dec 8	5:00pm-5:30pm
50962	Fri	Nov 3-Dec 8	5:30pm-6:00pm
50963	Fri	Nov 3-Dec 8	6:00pm-6:30pm
50964	Fri	Nov 3-Dec 8	6:00pm-6:30pm
50965	Fri	Nov 3-Dec 8	6:30pm-7:00pm

51036	Sat	Nov 4-Dec 9	9:00am-9:30am
51037	Sat	Nov 4-Dec 9	9:00am-9:30am
51038	Sat	Nov 4-Dec 9	9:30am-10:00am
51039	Sat	Nov 4-Dec 9	10:00am-10:30am
51040	Sat	Nov 4-Dec 9	10:00am-10:30am
51041	Sat	Nov 4-Dec 9	10:30am-11:00am
51042	Sat	Nov 4-Dec 9	11:00am-11:30am
51043	Sat	Nov 4-Dec 9	11:00am-11:30am
51044	Sat	Nov 4-Dec 9	11:30am-12:00pm
51045	Sun	Nov 5-Dec 10	9:00am-9:30am
51046	Sun	Nov 5-Dec 10	9:00am-9:30am
51047	Sun	Nov 5-Dec 10	9:30am-10:00am
51048	Sun	Nov 5-Dec 10	10:00am-10:30am
51049	Sun	Nov 5-Dec 10	10:00am-10:30am
51050	Sun	Nov 5-Dec 10	10:30am-11:00am
51051	Sun	Nov 5-Dec 10	11:00am-11:30am
51053	Sun	Nov 5-Dec 10	11:00am-11:30am
51054	Sun	Nov 5-Dec 10	11:30am-12:00pm
50802	Tue	Nov 7-Dec 12	4:30pm-5:00pm
50803	Tue	Nov 7-Dec 12	5:00pm-5:30pm
50804	Tue	Nov 7-Dec 12	5:00pm-5:30pm
50805	Tue	Nov 7-Dec 12	5:30pm-6:00pm
50806	Tue	Nov 7-Dec 12	6:00pm-6:30pm
50807	Tue	Nov 7-Dec 12	6:00pm-6:30pm
50808	Tue	Nov 7-Dec 12	6:30pm-7:00pm

Preschool 2 – CRC

3-5yrs

These preschoolers learn to jump into chest-deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. Wearing a lifejacket, they'll glide on their front and back.

6 classes	Whitby Civic Rec Complex		\$64.18
50721	Mon	Oct 30-Dec 4	4:30pm-5:00pm
50747	Mon	Oct 30-Dec 4	5:00pm-5:30pm
50748	Mon	Oct 30-Dec 4	5:30pm-6:00pm
50750	Mon	Oct 30-Dec 4	6:00pm-6:30pm
50751	Mon	Oct 30-Dec 4	6:30pm-7:00pm
50752	Mon	Oct 30-Dec 4	7:00pm-7:30pm
50783	Tue	Oct 31-Dec 5	9:30am-10:00am
50784	Tue	Oct 31-Dec 5	10:00am-10:30am
50786	Tue	Oct 31-Dec 5	11:00am-11:30am
50869	Wed	Nov 1-Dec 6	9:30am-10:00am
50870	Wed	Nov 1-Dec 6	10:00am-10:30am
50872	Wed	Nov 1-Dec 6	11:00am-11:30am
50873	Wed	Nov 1-Dec 6	2:00pm-2:30pm
50874	Wed	Nov 1-Dec 6	2:30pm-3:00pm
50875	Wed	Nov 1-Dec 6	4:30pm-5:00pm
50876	Wed	Nov 1-Dec 6	5:00pm-5:30pm
50877	Wed	Nov 1-Dec 6	5:30pm-6:00pm
50878	Wed	Nov 1-Dec 6	5:30pm-6:00pm
50879	Wed	Nov 1-Dec 6	6:00pm-6:30pm
50880	Wed	Nov 1-Dec 6	6:30pm-7:00pm
50881	Wed	Nov 1-Dec 6	6:30pm-7:00pm
51188	Wed	Nov 1-Dec 6	7:00pm-7:30pm
50918	Thu	Nov 2-Dec 7	4:30pm-5:00pm
50919	Thu	Nov 2-Dec 7	5:00pm-5:30pm

50920	Thu	Nov 2-Dec 7	5:30pm-6:00pm
50921	Thu	Nov 2-Dec 7	5:30pm-6:00pm
50922	Thu	Nov 2-Dec 7	6:00pm-6:30pm
50923	Thu	Nov 2-Dec 7	6:30pm-7:00pm
50924	Thu	Nov 2-Dec 7	6:30pm-7:00pm
50971	Fri	Nov 3-Dec 8	10:30am-11:00am
50972	Fri	Nov 3-Dec 8	11:00am-11:30am
50973	Fri	Nov 3-Dec 8	2:30pm-3:00pm
50974	Fri	Nov 3-Dec 8	4:30pm-5:00pm
50975	Fri	Nov 3-Dec 8	5:00pm-5:30pm
50976	Fri	Nov 3-Dec 8	5:30pm-6:00pm
50977	Fri	Nov 3-Dec 8	5:30pm-6:00pm
50978	Fri	Nov 3-Dec 8	6:00pm-6:30pm
50979	Fri	Nov 3-Dec 8	6:30pm-7:00pm
50980	Fri	Nov 3-Dec 8	6:30pm-7:00pm
51057	Sat	Nov 4-Dec 9	9:00am-9:30am
51058	Sat	Nov 4-Dec 9	9:30am-10:00am
51060	Sat	Nov 4-Dec 9	9:30am-10:00am
51061	Sat	Nov 4-Dec 9	10:00am-10:30am
51063	Sat	Nov 4-Dec 9	10:30am-11:00am
51065	Sat	Nov 4-Dec 9	10:30am-11:00am
51066	Sat	Nov 4-Dec 9	11:00am-11:30am
51067	Sat	Nov 4-Dec 9	11:30am-12:00pm
51068	Sat	Nov 4-Dec 9	11:30am-12:00pm
51070	Sun	Nov 5-Dec 10	9:00am-9:30am
51071	Sun	Nov 5-Dec 10	9:30am-10:00am
51072	Sun	Nov 5-Dec 10	9:30am-10:00am
51073	Sun	Nov 5-Dec 10	10:00am-10:30am

51074	Sun	Nov 5-Dec 10	10:30am-11:00am
51075	Sun	Nov 5-Dec 10	10:30am-11:00am
51076	Sun	Nov 5-Dec 10	11:00am-11:30am
51077	Sun	Nov 5-Dec 10	11:30am-12:00pm
51078	Sun	Nov 5-Dec 10	11:30am-12:00pm
50809	Tue	Nov 7-Dec 12	4:30pm-5:00pm
50810	Tue	Nov 7-Dec 12	5:00pm-5:30pm
50811	Tue	Nov 7-Dec 12	5:30pm-6:00pm
50812	Tue	Nov 7-Dec 12	5:30pm-6:00pm
50813	Tue	Nov 7-Dec 12	6:00pm-6:30pm
50814	Tue	Nov 7-Dec 12	6:30pm-7:00pm
50815	Tue	Nov 7-Dec 12	6:30pm-7:00pm

Preschool 3 – CRC

3-5yrs

These youngsters will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

6 classes

Whitby Civic Rec Complex

\$64.18

50722	Mon	Oct 30-Dec 4	7:00pm-7:30pm
50753	Mon	Oct 30-Dec 4	5:00pm-5:30pm
50754	Mon	Oct 30-Dec 4	5:30pm-6:00pm
50755	Mon	Oct 30-Dec 4	6:00pm-6:30pm
50756	Mon	Oct 30-Dec 4	6:30pm-7:00pm
50882	Wed	Nov 1-Dec 6	10:00am-10:30am
50883	Wed	Nov 1-Dec 6	4:30pm-5:00pm
50884	Wed	Nov 1-Dec 6	5:00pm-5:30pm
50885	Wed	Nov 1-Dec 6	5:30pm-6:00pm
50886	Wed	Nov 1-Dec 6	6:00pm-6:30pm
50887	Wed	Nov 1-Dec 6	6:30pm-7:00pm

51189	Wed	Nov 1-Dec 6	7:00pm-7:30pm
50925	Thu	Nov 2-Dec 7	4:30pm-5:00pm
50926	Thu	Nov 2-Dec 7	5:00pm-5:30pm
50927	Thu	Nov 2-Dec 7	5:30pm-6:00pm
50928	Thu	Nov 2-Dec 7	6:00pm-6:30pm
50929	Thu	Nov 2-Dec 7	6:30pm-7:00pm
50981	Fri	Nov 3-Dec 8	4:30pm-5:00pm
50982	Fri	Nov 3-Dec 8	5:00pm-5:30pm
50983	Fri	Nov 3-Dec 8	5:30pm-6:00pm
50984	Fri	Nov 3-Dec 8	6:00pm-6:30pm
50985	Fri	Nov 3-Dec 8	6:30pm-7:00pm
51079	Sat	Nov 4-Dec 9	9:00am-9:30am
51080	Sat	Nov 4-Dec 9	9:30am-10:00am
51081	Sat	Nov 4-Dec 9	10:00am-10:30am
51082	Sat	Nov 4-Dec 9	10:30am-11:00am
51083	Sat	Nov 4-Dec 9	11:00am-11:30am
51084	Sat	Nov 4-Dec 9	11:30am-12:00pm
51085	Sun	Nov 5-Dec 10	9:00am-9:30am
51087	Sun	Nov 5-Dec 10	9:30am-10:00am
51088	Sun	Nov 5-Dec 10	10:00am-10:30am
51089	Sun	Nov 5-Dec 10	10:30am-11:00am
51090	Sun	Nov 5-Dec 10	11:00am-11:30am
51091	Sun	Nov 5-Dec 10	11:30am-12:00pm
50816	Tue	Nov 7-Dec 12	4:30pm-5:00pm
50817	Tue	Nov 7-Dec 12	5:00pm-5:30pm
50818	Tue	Nov 7-Dec 12	5:30pm-6:00pm
50819	Tue	Nov 7-Dec 12	6:00pm-6:30pm
50820	Tue	Nov 7-Dec 12	6:30pm-7:00pm

Preschool 4 – CRC

3-5yrs

Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket, gliding, and kicking on their side.

6 classes	Whitby Civic Rec Complex	\$64.18
50723	Mon Oct 30-Dec 4	4:30pm-5:00pm
50757	Mon Oct 30-Dec 4	5:00pm-5:30pm
50758	Mon Oct 30-Dec 4	6:00pm-6:30pm
51182	Mon Oct 30-Dec 4	7:00pm-7:30pm
50888	Wed Nov 1-Dec 6	4:30pm-5:00pm
50889	Wed Nov 1-Dec 6	5:00pm-5:30pm
50890	Wed Nov 1-Dec 6	6:00pm-6:30pm
51190	Wed Nov 1-Dec 6	7:00pm-7:30pm
50930	Thu Nov 2-Dec 7	4:30pm-5:00pm
50931	Thu Nov 2-Dec 7	5:00pm-5:30pm
50932	Thu Nov 2-Dec 7	6:00pm-6:30pm
50986	Fri Nov 3-Dec 8	4:30pm-5:00pm
50987	Fri Nov 3-Dec 8	5:00pm-5:30pm
50988	Fri Nov 3-Dec 8	6:00pm-6:30pm
51093	Sat Nov 4-Dec 9	9:00am-9:30am
51094	Sat Nov 4-Dec 9	10:00am-10:30am
51096	Sat Nov 4-Dec 9	11:00am-11:30am
51097	Sun Nov 5-Dec 10	9:00am-9:30am
51099	Sun Nov 5-Dec 10	10:00am-10:30am
51100	Sun Nov 5-Dec 10	11:00am-11:30am
50821	Tue Nov 7-Dec 12	4:30pm-5:00pm
50822	Tue Nov 7-Dec 12	5:00pm-5:30pm
50823	Tue Nov 7-Dec 12	6:00pm-6:30pm

Preschool 5 – CRC

3-5yrs

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 seconds. They'll work on front and back crawl swims for 5 metres, interval training and get a giggle out of whip kick.

6 classes	Whitby Civic Rec Complex	\$64.18
50724	Mon Oct 30-Dec 4	4:30pm-5:00pm
50759	Mon Oct 30-Dec 4	5:30pm-6:00pm
51183	Mon Oct 30-Dec 4	7:00pm-7:30pm
50891	Wed Nov 1-Dec 6	4:30pm-5:00pm
50892	Wed Nov 1-Dec 6	5:30pm-6:00pm
51191	Wed Nov 1-Dec 6	7:00pm-7:30pm
50933	Thu Nov 2-Dec 7	4:30pm-5:00pm
50934	Thu Nov 2-Dec 7	5:30pm-6:00pm
50989	Fri Nov 3-Dec 8	4:30pm-5:00pm
50990	Fri Nov 3-Dec 8	5:30pm-6:00pm
51103	Sat Nov 4-Dec 9	9:30am-10:00am
51104	Sat Nov 4-Dec 9	10:30am-11:00am
51106	Sat Nov 4-Dec 9	11:30am-12:00pm
51108	Sun Nov 5-Dec 10	9:30am-10:00am
51109	Sun Nov 5-Dec 10	10:30am-11:00am
51110	Sun Nov 5-Dec 10	11:30am-12:00pm
50824	Tue Nov 7-Dec 12	4:30pm-5:00pm
50825	Tue Nov 7-Dec 12	5:30pm-6:00pm

Children

Swimmer 1 – CRC

6-13yrs

These beginners will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

6 classes	Whitby Civic Rec Complex	\$64.18
50725	Mon Oct 30-Dec 4	4:30pm-5:00pm
50761	Mon Oct 30-Dec 4	5:00pm-5:30pm
50762	Mon Oct 30-Dec 4	5:30pm-6:00pm
50763	Mon Oct 30-Dec 4	6:00pm-6:30pm
50764	Mon Oct 30-Dec 4	6:30pm-7:00pm
50765	Mon Oct 30-Dec 4	6:30pm-7:00pm
51184	Mon Oct 30-Dec 4	7:00pm-7:30pm
50893	Wed Nov 1-Dec 6	9:30am-10:00am
50894	Wed Nov 1-Dec 6	4:30pm-5:00pm
50895	Wed Nov 1-Dec 6	5:00pm-5:30pm
50896	Wed Nov 1-Dec 6	5:30pm-6:00pm
50897	Wed Nov 1-Dec 6	6:00pm-6:30pm
50898	Wed Nov 1-Dec 6	6:30pm-7:00pm
50899	Wed Nov 1-Dec 6	6:30pm-7:00pm
51192	Wed Nov 1-Dec 6	7:00pm-7:30pm
50935	Thu Nov 2-Dec 7	4:30pm-5:00pm
50936	Thu Nov 2-Dec 7	5:00pm-5:30pm
50937	Thu Nov 2-Dec 7	5:30pm-6:00pm
50938	Thu Nov 2-Dec 7	6:00pm-6:30pm
50939	Thu Nov 2-Dec 7	6:30pm-7:00pm
50940	Thu Nov 2-Dec 7	6:30pm-7:00pm
50991	Fri Nov 3-Dec 8	4:30pm-5:00pm
50992	Fri Nov 3-Dec 8	5:00pm-5:30pm

50993	Fri	Nov 3-Dec 8	5:30pm-6:00pm
50994	Fri	Nov 3-Dec 8	6:00pm-6:30pm
50995	Fri	Nov 3-Dec 8	6:30pm-7:00pm
50996	Fri	Nov 3-Dec 8	6:30pm-7:00pm
51112	Sat	Nov 4-Dec 9	9:00am-9:30am
51113	Sat	Nov 4-Dec 9	9:30am-10:00am
51114	Sat	Nov 4-Dec 9	10:00am-10:30am
51115	Sat	Nov 4-Dec 9	10:30am-11:00am
51117	Sat	Nov 4-Dec 9	11:00am-11:30am
51118	Sat	Nov 4-Dec 9	11:30am-12:00pm
51119	Sun	Nov 5-Dec 10	9:00am-9:30am
51120	Sun	Nov 5-Dec 10	9:30am-10:00am
51124	Sun	Nov 5-Dec 10	10:00am-10:30am
51126	Sun	Nov 5-Dec 10	10:30am-11:00am
51128	Sun	Nov 5-Dec 10	11:00am-11:30am
51129	Sun	Nov 5-Dec 10	11:30am-12:00pm
50832	Tue	Nov 7-Dec 12	4:30pm-5:00pm
50833	Tue	Nov 7-Dec 12	5:00pm-5:30pm
50834	Tue	Nov 7-Dec 12	5:30pm-6:00pm
50835	Tue	Nov 7-Dec 12	6:00pm-6:30pm
50836	Tue	Nov 7-Dec 12	6:30pm-7:00pm
50837	Tue	Nov 7-Dec 12	6:30pm-7:00pm

Swimmer 2 – CRC

6-13yrs

These advanced beginners will jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 metres on their front and back, and be introduced to flutter kick interval training (4x5 metres).

6 classes

Whitby Civic Rec Complex

\$64.18

50726	Mon	Oct 30-Dec 4	4:30pm-5:00pm
50766	Mon	Oct 30-Dec 4	5:00pm-5:30pm
50767	Mon	Oct 30-Dec 4	5:30pm-6:00pm
50768	Mon	Oct 30-Dec 4	6:00pm-6:30pm
50769	Mon	Oct 30-Dec 4	6:30pm-7:00pm
51185	Mon	Oct 30-Dec 4	7:00pm-7:30pm
50901	Wed	Nov 1-Dec 6	4:30pm-5:00pm
50902	Wed	Nov 1-Dec 6	5:00pm-5:30pm
50903	Wed	Nov 1-Dec 6	5:30pm-6:00pm
50904	Wed	Nov 1-Dec 6	6:00pm-6:30pm
50905	Wed	Nov 1-Dec 6	6:30pm-7:00pm
51193	Wed	Nov 1-Dec 6	7:00pm-7:30pm
50941	Thu	Nov 2-Dec 7	4:30pm-5:00pm
50942	Thu	Nov 2-Dec 7	5:00pm-5:30pm
50943	Thu	Nov 2-Dec 7	5:30pm-6:00pm
50944	Thu	Nov 2-Dec 7	6:00pm-6:30pm
50945	Thu	Nov 2-Dec 7	6:30pm-7:00pm
50997	Fri	Nov 3-Dec 8	4:30pm-5:00pm
50998	Fri	Nov 3-Dec 8	5:00pm-5:30pm
50999	Fri	Nov 3-Dec 8	5:30pm-6:00pm
51000	Fri	Nov 3-Dec 8	6:00pm-6:30pm
51001	Fri	Nov 3-Dec 8	6:30pm-7:00pm
51131	Sat	Nov 4-Dec 9	9:00am-9:30am
51132	Sat	Nov 4-Dec 9	9:30am-10:00am
51133	Sat	Nov 4-Dec 9	10:00am-10:30am
51134	Sat	Nov 4-Dec 9	10:30am-11:00am
51135	Sat	Nov 4-Dec 9	11:00am-11:30am
51138	Sat	Nov 4-Dec 9	11:30am-12:00pm

51140	Sun	Nov 5-Dec 10	9:00am-9:30am
51141	Sun	Nov 5-Dec 10	9:30am-10:00am
51142	Sun	Nov 5-Dec 10	10:00am-10:30am
51143	Sun	Nov 5-Dec 10	10:30am-11:00am
51144	Sun	Nov 5-Dec 10	11:00am-11:30am
51145	Sun	Nov 5-Dec 10	11:30am-12:00pm
50838	Tue	Nov 7-Dec 12	4:30pm-5:00pm
50839	Tue	Nov 7-Dec 12	5:00pm-5:30pm
50840	Tue	Nov 7-Dec 12	5:30pm-6:00pm
50841	Tue	Nov 7-Dec 12	6:00pm-6:30pm
50842	Tue	Nov 7-Dec 12	6:30pm-7:00pm

Private Swimming Lessons

Private Swimming Lessons- CRC (#@)

One on one instruction. Swimmer's abilities will be assessed on the first week to determine the appropriate level, unless a previous progress card has been submitted to the instructor.

6 classes	Whitby Civic Rec Complex	\$214.24
51086	Wed	Nov 1-Dec 6
51092	Wed	Nov 1-Dec 6
51095	Wed	Nov 1-Dec 6
51098	Thu	Nov 2-Dec 7
51101	Thu	Nov 2-Dec 7
51102	Thu	Nov 2-Dec 7
51105	Thu	Nov 2-Dec 7
51107	Thu	Nov 2-Dec 7
51116	Fri	Nov 3-Dec 8
51122	Fri	Nov 3-Dec 8
51125	Fri	Nov 3-Dec 8

51127	Fri	Nov 3-Dec 8	6:30pm-7:00pm
51203	Fri	Nov 3-Dec 8	4:30pm-5:00pm
51130	Sun	Nov 5-Dec 10	12:00pm-12:30pm
51136	Sun	Nov 5-Dec 10	12:00pm-12:30pm
51137	Sun	Nov 5-Dec 10	12:00pm-12:30pm
51139	Sun	Nov 5-Dec 10	12:30pm-1:00pm
51146	Sun	Nov 5-Dec 10	12:30pm-1:00pm
51147	Sun	Nov 5-Dec 10	12:30pm-1:00pm
51148	Sun	Nov 5-Dec 10	1:00pm-1:30pm
51149	Sun	Nov 5-Dec 10	1:00pm-1:30pm
51150	Sun	Nov 5-Dec 10	1:00pm-1:30pm
51151	Sun	Nov 5-Dec 10	1:30pm-2:00pm
51152	Sun	Nov 5-Dec 10	1:30pm-2:00pm
51153	Sun	Nov 5-Dec 10	1:30pm-2:00pm
51056	Tue	Nov 7-Dec 12	4:30pm-5:00pm
51059	Tue	Nov 7-Dec 12	5:00pm-5:30pm
51062	Tue	Nov 7-Dec 12	5:30pm-6:00pm
51064	Tue	Nov 7-Dec 12	6:00pm-6:30pm
51069	Tue	Nov 7-Dec 12	6:30pm-7:00pm

Semi-Private Swimming Lessons

Semi-Private Swimmer 1 - CRC (#@)

6-13yrs

These beginners will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back. Ratio 3:1

6 classes **Whitby Civic Rec Complex** **\$130.88**

[51173](#) Mon Oct 30-Dec 4 6:00pm-6:30pm

[51186](#) Mon Oct 30-Dec 4 7:00pm-7:30p

51175	Wed	Nov 1-Dec 6	6:00pm-6:30pm
51194	Wed	Nov 1-Dec 6	7:00pm-7:30pm
51176	Sun	Nov 5-Dec 10	12:00pm-12:30pm
51177	Sun	Nov 5-Dec 10	1:00pm-1:30pm

Semi-Private Swimmer 2 - CRC (#@)

6-13yrs

These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 metres on their front and back, and be introduced to flutter kick interval training (4x5 metres). Ratio 3:1

6 classes	Whitby Civic Rec Complex		\$130.88
51174	Mon	Oct 30-Dec 4	6:30pm-7:00pm
51178	Wed	Nov 1-Dec 6	6:30pm-7:00pm
51179	Fri	Nov 3-Dec 8	6:00pm-6:30pm
51180	Sun	Nov 5-Dec 10	12:30pm-1:00pm
51181	Sun	Nov 5-Dec 10	1:30pm-2:00pm

Semi-Private Preschool 1 - CRC (#@)

3-5yrs

These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their faces wet and blow bubbles underwater. Ratio 3:1

6 classes	Whitby Civic Rec Complex		\$130.88
51154	Mon	Oct 30-Dec 4	4:30pm-5:00pm
51155	Wed	Nov 1-Dec 6	4:30pm-5:00pm
51157	Sun	Nov 5-Dec 10	12:00pm-12:30pm
51158	Sun	Nov 5-Dec 10	1:30pm-2:00pm

Semi-Private Preschool 2 - CRC (#@)

3-5yrs

These preschoolers learn to jump into chest-deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. Wearing a lifejacket, they'll glide on their front and back. Ratio 3:1

6 classes	Whitby Civic Rec Complex		\$130.88
51156	Mon	Oct 30-Dec 4	5:00pm-5:30pm
51160	Wed	Nov 1-Dec 6	5:00pm-5:30pm
51161	Fri	Nov 3-Dec 8	5:00pm-5:30pm
51163	Sun	Nov 5-Dec 10	12:30pm-1:00pm
51164	Sun	Nov 5-Dec 10	1:00pm-1:30pm

Semi-Private Preschool 3 - CRC (#@)

3-5yrs

These youngsters will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back. Ratio 3:1

6 classes	Whitby Civic Rec Complex		\$130.88
51167	Mon	Oct 30-Dec 4	5:30pm-6:00pm
51170	Wed	Nov 1-Dec 6	5:30pm-6:00pm
51171	Sun	Nov 5-Dec 10	12:30pm-1:00pm
51172	Sun	Nov 5-Dec 10	1:00pm-1:30pm

Semi-Private Preschool 4 - CRC (#@)

3-5yrs

Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket, gliding, and kicking on their side. Ratio 3:1

6 classes	Whitby Civic Rec Complex		\$130.88
51195	Wed	Nov 1-Dec 6	7:00pm-7:30pm
51168	Sun	Nov 5-Dec 10	12:00pm-12:30pm

Semi-Private Preschool 5 - CRC (#@)

3-5yrs

These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 seconds. They'll work on front and back crawl swims for 5 metres, interval training and get a giggle out of whip kick. Ratio 3:1

6 classes

Whitby Civic Rec Complex

\$130.88

[51169](#)

Sun

Nov 5-Dec 10

1:30pm-2:00pm