

Mingles Café Lunch Menu – December 2024



Whitby 55+ Recreation Services- 801 Brock Street South, Whitby, ON
905.668.1424

Monday	Tuesday	Wednesday	Thursday	Friday
Dec 2 Meat Lasagna Caesar Salad Garlic Bread Cream of Veg Soup	Dec 3 Fish in Stir Fry Sauce Pea Mashed Potatoes Chicken & Rice Soup	Dec 4 Breaded Chicken Fingers Seasonal Salad Potato Wedges Lentil & Spinach Soup	Dec 5 Spaghetti & Meatballs Green Beans Squash Soup	Dec 6 Salsbury Steak Cauliflower Diced Herbed Potatoes Carrot Soup
Dec 9 Roast Pork with Apple Baked Beans Scalloped Potatoes Broccoli & Cheese Soup	Dec 10 Butter Chicken Peas & Carrots Yellow Rice Celery Soup	Dec 11 Meat Loaf Mix Veggies Mashed Potatoes Chicken Noodle Soup	Dec 12 CLOSED FOR HOLIDAY LUNCH	Dec 13 Ham Steak Broccoli Mashed Potatoes Vegetable Soup
Dec 16 Swedish Meatballs Peas Mashed Potatoes Beef & Barley Soup	Dec 17 Meat Lasagna Caesar Salad Garlic Bread Mushroom Soup	Dec 18 Fish in Stir Fry Sauce Peas Mashed Potatoes Chicken & Rice Soup	Dec 19 Ham & Veg Quiche Pasta Salad Split Pea & Bacon Soup	Dec 20 Turkey with Stuffing Mix Veggies Mashed Potatoes Cream of Veg Soup
Dec 23 CLOSED	Dec 24 CLOSED	Dec 25 CLOSED	Dec 26 CLOSED	Dec 27 CLOSED
Dec 30 CLOSED	Dec 31 CLOSED			

Café Pricing

Beverages

Tea	\$ 1.75
Coffee	\$ 1.75
White Milk	\$ 2.50
Chocolate Milk	\$ 2.50
Bottled Water	\$ 1.50
Canned Pop	\$ 1.50

Desserts

Muffin/Tea Biscuit	\$ 2.75
Cookies	\$ 2.00
Cake/Pie	\$ 3.00
Tart/Pastry	\$ 3.00
Date Square	\$ 3.00
Sugar Free - Available	

Sandwiches & Salads

Cold Cut Meat Sandwich	\$ 5.00
Egg Salad Sandwich	\$ 4.50
Tuna Salad Sandwich	\$ 5.00
Small Salad	\$ 3.00
Salad with Meat	\$ 6.25

Hot Lunch Items

Soup	\$ 3.50
Lunch Plate (Main Course Only)	\$ 8.75
Lunch Combo (Soup or Salad, Main Course, Dessert, and Coffee or Tea)	\$ 10.00
Pre Order- Frozen Meals (Main Course Only)	\$8.75

Hours of Operation

Monday to Friday from 9:00am – 2:30 pm
Hot Lunch Items will be served from 11:30 am - 1:00 pm

All Prices Include Tax, Cash Only



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