

Whitby 55+ Lunch Menu – June 2022

Whitby 55+ Recreation Services- 801 Brock Street South, Whitby, ON 905.668.1424

Monday	Tuesday	Wednesday	Thursday	Friday
		June 1 Spaghetti & Meatballs in Tomato Sauce Green Beans Mexicali Bean Soup	June 2 Chicken Pot Pie Beans & Corn Cabbage Soup	June 3 Cabbage Rolls Peas & Carrots Perogies Carrot Soup
June 6 Meatloaf Mixed Vegetables Mashed Potatoes Cream of Celery Soup	June 7 Chicken & Veg Quiche Macaroni Salad Lentil Soup	June 8 Perry Perry Chicken Legs Peas Brown Rice Cream of Cauli. Soup	June 9 Spaghetti & Meatballs in Tomato Sauce Green Beans Tomato & Rice Soup	June 10 Falafel Roasted Vegetables Pea Soup
June 13 Tandoori Chicken Legs Peas & Carrots Yellow Rice Potato Onion Tomato Soup	June 14 Spaghetti with Meat Sauce Seasonal Salad Garlic Bread Minestrone Soup	June 15 Pork & Vegetable Stew Coleslaw Rice Mushroom Soup	June 16 Meatloaf Carrots Mashed Potatoes Chicken Noodle Soup	June 17 BBQ Chicken Drumstick Green Beans Herbed Potatoes Cream of Tomato Soup
June 20 Chicken Stir Fry Vegetables Rice Cream Corn & Chicken Soup	June 21 Greek Pork Souvlaki Mixed Peppers Greek Rice Cream of Veg Soup	June 22 Kitchen Closed	June 23 Kitchen Closed	June 24 Kitchen Closed for Event
June 27 Kitchen Closed	June 28 Kitchen Closed	June 29 Chicken & Mushroom Stew Green Beans Rice Squash Soup	June 30 Kitchen Closed	

Cafeteria Pricing

Beverages

Tea	\$ 1.25
Specialty Tea	\$ 1.35
Coffee	\$ 1.25
Apple Juice	\$ 2.50
Cranberry Juice	\$ 2.50
Orange Juice	\$ 2.50
Fruit Punch Juice	\$ 2.50
V8	\$ 2.50
White Milk	\$ 2.00
Chocolate Milk	\$ 2.00
Bottled Water	\$ 1.20
Canned Pop	\$ 1.20

Desserts

Yogurt	\$ 2.25
Ice Cream	\$ 3.00
Fresh Fruit	\$ 2.25
Muffin /Cookies	\$ 1.95
Cake/Pie	\$ 2.50
Tea Biscuit	\$ 1.95
Tart/Pastry	\$ 2.50

Sandwiches & Salads

Cold Cut Meat Sandwich	\$ 4.25
Egg Salad Sandwich	\$ 3.75
Salmon Salad Sandwich	\$ 4.25
Tuna Salad Sandwich	\$ 4.25
Various Wraps	\$ 4.25
Small Salad	\$ 2.25
Salad with Meat	\$ 7.00

Hot Lunch Items

Soup	\$ 2.95
Lunch Plate (Main Course Only)	\$ 7.95
Lunch Combo (Soup or Salad, Main Course, Dessert, and Coffee or Tea)	\$ 8.40

Hours of Operation

Monday to Friday from 9:00am – 2:30 pm

Hot Lunch Items will be served from 11:30 am - 1:00 pm

All Prices Include Tax, Cash Only

